

Prescribed Minimum Benefit Nutritional Formulary — Paediatric 2026



Who we are

SAB Medical Aid (referred to as "the Scheme"), registration number 1209, is a not-for-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the Administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may update the information in this document from time to time. If we make any changes to how we pay for medicines, we will let you know.

The out-of-hospital Prescribed Minimum Benefits gives you access to certain benefits and programmes. These have specific rules and requirements, so it's important to understand how they work to help you get the most from your cover and avoid unexpected costs.

Any information, guidance or recommendations we provide about managing a health condition are intended to support, not replace, the advice and clinical judgement of your doctor, pharmacist or other healthcare professional.

Approved medicines on our medicine list (formulary) are covered in full. If you use a medicine that is not on our medicine list, we will pay up to the Reference Price for that medicine category. If the cost of the medicine is higher than the Reference Price, you may need to pay the difference.

SAB Medical Aid and Discovery Health (Pty) Ltd may change these benefits from time to time. If this happens, we will communicate any relevant changes to members.

Contact us

You can contact us on 0860 002 133 or visit www.sabmas.co.za for more information.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for clinical action in the human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) is applicable for 2026 only.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions that all medical schemes are legally required to cover, in line with the rules set by the Council for Medical Schemes (CMS). Cover is provided according to approved clinical guidelines and applies wherever it is clinically appropriate for you to receive treatment.

Reference Price

The Reference Price is the monthly amount we pay towards a category of medicine. This applies when the medicine you use is not included on our medicine list (formulary).

Ready-to-hang (RTH) products

Standard Enteral Products			
Product Name	NAPPI Code	Unit Size	Manufacturer
Frebini Original	701486	500 ml	Fresenius-Kabi
Nutrini Multifibre	3001197	500ml	Nutricia
Tentrini Multi Fibre	3001191	500ml	Nutricia
Nutrini Energy	3001196	500ml	Nutricia
Frebini Energy Fibre	701489	500ml	Fresenius-Kabi
Special or Niche Enteral Products			
Product Name	NAPPI Code	Unit Size	Manufacturer
Tentrini Multi Fibre	3001191	500ml	Nutricia
Nutrini Energy	3001196	500ml	Nutricia
Frebini Energy Fibre	701489	500ml	Fresenius-Kabi
Impaired Digestion or Absorption			
Product Name	NAPPI Code	Unit Size	Manufacturer
Nutrini Peptisorb	3001195	500ml	Nutricia
Peptamen Junior Advance	3000711	500ml	Nestle Health Sciences

Powdered enteral products

Standard Products			
Product Name	NAPPI Code	Unit Size	Manufacturer
Infatrini powder	722948	400g	Nutricia
NutriniDrink Powder Vanilla	722949	400g	Nutricia
NutriniDrink Powder Neutral	722950	400g	Nutricia
Deo-volente pedia sip white chocolate plastic tub	724027	420g	Resaf
Deo-volente pedia sip strawberry plastic tub	724028	420g	Resaf

Impaired Digestion or Absorption			
Product Name	NAPPI Code	Unit Size	Manufacturer
Nutrini Peptisorb	3001195	500ml	Nutricia
Peptamen Junior Powder	719998	400g	Nestle Health Sciences
Modulen IBD	709621	400g	Nestle Health Sciences
Diabetes or Glucose Intolerance			
Product Name	NAPPI Code	Unit Size	Manufacturer
Deo Volente DM Vanilla	722606	420g	Resaf
Deo Volente DM Strawberry	722607	420g	Resaf
Ketogenic Diet			
Product Name	NAPPI Code	Unit Size	Manufacturer
Ketocal	706119	300g	Nutricia
KetoVOLVE	712648	300g	Nutr-e-volution
Allergy Amino Acid Formulas			
Product Name	NAPPI Code	Unit Size	Manufacturer
Neocate Junior Prebiotic Vanilla	721905	400g	Nutricia
Neocate LCP 400g	715030	400g	Nutricia
ALFARE DS080-10 6x400g N2 ZA	3001927	-	Nestle Health Sciences
Extensively Hydrolysed Formulas			
Product Name	NAPPI Code	Unit Size	Manufacturer
Pepticate	712859	450g	Nutricia
Inborn Errors of Metabolism			
1. Disorders Of Protein Metabolism			
A. Glutaric Aciduria Type 1			
Product Name	NAPPI Code	Unit Size	Manufacturer
XLYS LOW TRY Maxamaid	711170	500g	Nutricia
B. Maple Syrup Urine Disease			
Product Name	NAPPI Code	Unit Size	Manufacturer
MSUD Anamix Infant	715033	400g	Nutricia

C. Isovaleric Acidaemia			
Product Name	NAPPI Code	Unit Size	Manufacturer
Isovactin aa plus 250ml	3000189	250ml	Nutr-e-volution cc
D. Methylmalonic and proprionic acidaemia			
Product Name	NAPPI Code	Unit Size	Manufacturer
MMA/PA Anamix Infant	709479	400g	Nutricia
XMTVI Maxamaid	709480	500g	Nutricia
E. Phenylketonuria			
Product Name	NAPPI Code	Unit Size	Manufacturer
PKU Anamix Infant	710648	400g	Nutricia
PKU 2	710624	500g	Nutricia
PKU 3	716679	500g	Nutricia
F. Tyrosinaemia Type I and type II			
Product Name	NAPPI Code	Unit Size	Manufacturer
TYR Anamix Infant	709471	400g	Nutricia
G. Urea Cycle Disorders			
Product Name	NAPPI Code	Unit Size	Manufacturer
Essential Amino Acid Mix	708781	200g	Nutricia
2. Disorders Of Carbohydrate Metabolism			
Product Name	NAPPI Code	Unit Size	Manufacturer
GALACTOMIN 19	718893	400g	Nutricia
3. Disorders Of Fatty Acid Oxidation			
Product Name	NAPPI Code	Unit Size	Manufacturer
Monogen	709485	400g	Nutricia
4. X-Linked Adrenoleukodystrophy (Ald)			
Product Name	NAPPI Code	Unit Size	Manufacturer
Lorenzo's Oil	710627	500ml	Nutricia
5. Amino Acid Disorders			
Product Name	NAPPI Code	Unit Size	Manufacturer
Energivit	706098	400g	Nutricia

Ready to drink (RTD) products

Standard Oral Supplements			
Product Name	NAPPI Code	Unit Size	Manufacturer
Infatrini	721120	125ml	Nutricia
NutriniDrink Vanilla	3001188	200ml	Nutricia
NutriniDrink Strawberry	3001187	200ml	Nutricia
NutriniDrink Multi Fibre Vanilla	3001190	200ml	Nutricia
NutriniDrink Multi Fibre Strawberry	3001194	200ml	Nutricia
Frebini energy	701488	200ml	Fresenius Kabi
Frebini energy fibre vanilla	712293	200ml	Fresenius Kabi
Special or Niche Enteral Products			
Product Name	NAPPI Code	Unit Size	Manufacturer
Frebini energy	701488	200ml	Fresenius Kabi
Frebini energy fibre vanilla	712293	200ml	Fresenius Kabi

Powdered oral supplements

Standard Products			
Product Name	NAPPI Code	Unit Size	Manufacturer
Nutrini Drink Powder Vanilla	722949	400g	Nutricia
Nutrini Drink Powder Neutral	722950	400g	Nutricia
Infatrini powder	722948	400g	Nutricia
Deo-volente plus ng nutrition supplement feed vanilla	721990	425g	Resaf
Deo-volente plus ng nutrition supplement feed strawberry	721991	425g	Resaf

Impaired Digestion or Absorption			
Product Name	NAPPI Code	Unit Size	Manufacturer
Peptamen Junior	719998	400g	Nestle Health Science
Modulen IBD	709621	400g	Nestle Health Science
ALLERGY			
Product Name	NAPPI Code	Unit Size	Manufacturer
Neocate Junior Prebiotic Vanilla	721905	400g	Nutricia

Modular products

Protein Powder			
Product Name	NAPPI Code	Unit Size	Manufacturer
Protifar	709488	225g	Nutricia
Carbohydrate Powder			
Product Name	NAPPI Code	Unit Size	Manufacturer
Fantomalt	709477	400g	Nutricia
High Energy and Fat Powder			
Product Name	NAPPI Code	Unit Size	Manufacturer
Duocal	709472	400g	Nutricia
High LCT Product			
Product Name	NAPPI Code	Unit Size	Manufacturer
Calogen	3001179	200ml	Nutricia
MCT Emulsion			
Product Name	NAPPI Code	Unit Size	Manufacturer
Liquigen	3001199	250ml	Nutricia
MCT Oil Product			
Product Name	NAPPI Code	Unit Size	Manufacturer
MCT oil	3001181	500ml	Nutricia

Food thickeners

Product Name	NAPPI Code	Unit Size	Manufacturer
Nutrilis	708459	300g	Nutricia

Complaints process

You may lodge a complaint or query with SAB Medical Aid directly on 0860 002 133 or address a complaint in writing directly to the Principal Officer. If your complaint remains unresolved, you may lodge a formal dispute by following the Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email

complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267 / website www.medicalschemes.co.za.